|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Year 7/Nurture KS3** | | **Year 8** | | **Year 9** | | **Year 10/ Nurture KS4** | | **Year 11** | | **Manor College** |
| **Group A** | **Group B** | **Group A** | **Group B** | **Group A** | **Group B** | **Group A** | **Group B** | **Group A** | **Group B** | **Group A**  **Group B** |
| Baseline | Baseline | Baseline | Baseline | Baseline | Baseline | Baseline | Baseline | Rugby | HRF | Rugby  Basketball |
| Multi-skill  Basketball | HRF | Rugby | Volleyball | Handball | Badminton |
| HRF | Multi-Skill  Rugby | Boxercise | Rugby | HRF | Handball | Rugby | Basketball | Handball | Boxercise | Badminton  Volleyball |
| Multi-Skill  Rugby | Volleyball | Volleyball | Boxercise | Badminton | Boxercise | HRF | Badminton |
| Volleyball | Boxercise | HRF | Basketball | Zumba | Rugby | Basketball | Handball | HRF | Handball | HRF  Handball |
| Boxercise | Badminton | Basketball | Badminton | Volleyball | Volleyball | Boxercise | Rugby |
| Badminton | Multi-skill  Basketball | Badminton | HRF | Rugby | Basketball | Handball | Boxercise | Boxercise | Rugby | Trampolining  Disability Awareness |
| Multi-Skill  Handball | Trampolining | Trampolining | Handball | Trampolining | HRF | Trampolining | HRF |
| Trampolining | Zumba | Zumba | Trampolining | Basketball | Trampolining | Badminton | Trampolining | Trampolining | Trampolining | HRF  Handball |
| Zumba | Multi-Skill  Handball | Handball | Zumba | Boxercise | Zumba | Athletics | Volleyball |
| Athletics | Cycling | Athletics | Cricket | Orienteering | Athletics | Cricket | Cycling | **Revision** | | Athletics  Cricket |
| Cycling | Orienteering | Orienteering | Cycling | Athletics | Cycling | Volleyball | Athletics |
| Cricket | Athletics | Cricket | Athletics | Cricket | Orienteering | Cycling | Cricket | **Left School** | |
| Orienteering | Cricket | Cycling | Orienteering | Cycling | Cricket | Disability Awareness | Disability  Awareness |  | | Cycling  Zumba/Boxercise |
| Disability Awareness | Disability Awareness | Disability Awareness | Disability  Awareness | Disability  Awareness | Disability  Awareness |  | |