|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Year 7/Nurture KS3** | **Year 8** | **Year 9** | **Year 10/ Nurture KS4** | **Year 11** | **Manor College** |
| **Group A** | **Group B** | **Group A** | **Group B** | **Group A** | **Group B** | **Group A** | **Group B** | **Group A** | **Group B** | **Group A****Group B** |
| Baseline | Baseline | Baseline | Baseline | Baseline | Baseline | Baseline | Baseline | Rugby | HRF | RugbyBasketball |
| Multi-skillBasketball | HRF | Rugby | Volleyball | Handball | Badminton |
| HRF | Multi-SkillRugby | Boxercise | Rugby | HRF | Handball | Rugby | Basketball | Handball | Boxercise | BadmintonVolleyball |
| Multi-SkillRugby | Volleyball | Volleyball | Boxercise | Badminton | Boxercise | HRF | Badminton |
| Volleyball | Boxercise | HRF | Basketball | Zumba | Rugby | Basketball | Handball | HRF | Handball | HRFHandball |
| Boxercise | Badminton | Basketball | Badminton | Volleyball | Volleyball | Boxercise | Rugby |
| Badminton | Multi-skillBasketball | Badminton | HRF | Rugby | Basketball | Handball | Boxercise | Boxercise | Rugby | TrampoliningDisability Awareness |
| Multi-SkillHandball | Trampolining | Trampolining | Handball | Trampolining | HRF | Trampolining | HRF |
| Trampolining | Zumba | Zumba | Trampolining | Basketball | Trampolining | Badminton | Trampolining  | Trampolining | Trampolining  | HRFHandball |
| Zumba | Multi-SkillHandball | Handball | Zumba | Boxercise | Zumba | Athletics | Volleyball |
| Athletics | Cycling | Athletics | Cricket | Orienteering | Athletics | Cricket | Cycling | **Revision** | AthleticsCricket |
| Cycling | Orienteering | Orienteering | Cycling  | Athletics | Cycling | Volleyball | Athletics |
| Cricket | Athletics | Cricket | Athletics | Cricket | Orienteering | Cycling  | Cricket | **Left School** |
| Orienteering | Cricket | Cycling | Orienteering | Cycling | Cricket | Disability Awareness | DisabilityAwareness |  | Cycling Zumba/Boxercise |
| Disability Awareness | Disability Awareness | Disability Awareness | DisabilityAwareness | DisabilityAwareness | DisabilityAwareness |  |