Subject: Independent Living

Qualification: OCR Certificate in life and living skills

The OCR enables students to become more independent and help with the transition to adulthood with a wide range of activities. The OCR Life and Living Skills suite of Entry Level qualifications provide learners with high quality, nationally recognised qualifications. They are credit-based qualifications that provide valuable opportunities for individuals to develop skills, gain underpinning knowledge and understanding.

Throughout the lesson’s students will engage in various extra curricula trips and/or activities focusing under the sub headings of communication, environment and community, home management, media, personal skills and world of work. They will have the opportunities to visit local areas, use public transport and access local services and facilities. The lessons are student led based on what skills students need to develop their independence. The course has a similar focus to KS3 life and living and PSD lessons.

**Topics include:**

* Organising an event
* Community activities including looking after their environment
* Trying out new activities
* Learning about places in the local area such as historic buildings, art galleries, shops, community facilities and religious buildings and understanding landmarks to help with their independence.
* Learning how to socialise in and out of school
* Appropriate behaviours
* Relationships
* E-safety
* Career progression
* Using technology
* Basic food making
* Craft activities
* Using money and understanding about money.
* Learn some basic phrases in another language
* Explore different cultures
* Team activities

The course offers qualifications at Entry Level One, Two and Three.

<https://www.ocr.org.uk/qualifications/vocational-qualifications/vocational-qualifications-qcf-life-and-living-skills-entry-level-1-3/>